

# Business Review: Ignite Your Business Chakras To Activate Success

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## 5 minute Business Review Questionnaire

A questionnaire to use when you are feeling 'stuck' or in a 'review' mode of your business. Go through the questions and mark the answer that feel most relevant to you. This will provide you with a good indication of the business chakra you need to focus on first to activate business momentum.

	Rate Your Business...	Needs Reviewing...	Needs Tweaking...	You Are On Your Way!...
<b>BASE CHAKRA</b> Foundations	<b>Business Income</b>	Making no money or not enough to support myself	Reaching my money goals but still only breaking even	Reaching my money goals & creating even more
	<b>Idea Customer (IC)</b>	'I serve everyone'	I know who they are but I've never interviewed them	My Offers attract customers because I talk their language
	<b>Business Model</b>	I don't know what a business model means	I enjoy how I work but into the future I would like to change this	I love the balance of how I work with my tribe & earn an income
	<b>Goal Setting</b>	I hate goals. Period. It causes me stress	I love goal setting, but I only sometimes reach my target	I love goal setting & I reach my target consistently
<b>SACRAL CHAKRA</b> Branding	<b>Customer &amp; Deliver Experience</b>	The last experience was horrific - it's put me off	I enjoyed it and looking forward to reviewing my client feedback forms	Nailed it! They loved the experience & I know I'm providing value
	<b>Personality Infusion</b>	I have issues with sharing about myself online	I share about myself, but I want it to feel more professional	I love how I share and how my branding looks



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<b>SACRAL CHAKRA</b> Branding	Content Creation	I have no systems or plan in place... I just go with the flow	I am being consistent with my favourite ways, but not my message	I have a clear plan & message so I am ready to start batching!
	Business Boundaries	I often feel taken advantage of	I still sometimes slip up with my boundaries, but I'm getting better	I feel really comfortable with charging for my time & products
<b>SOLAR PLEXUS</b> Product	Know Your Craft	I have just finished my training & need experience	I have worked with a few people, but I'm still nervous	I know my work inside out and feel confident I can make a difference
	Being Seen Online	I know I need to do it, but I'm scared to post	I have the confidence but I'm not getting results	Loving it 100% & attracting clients allowing me to explore other options
	Walking Your Talk	Ahh... not so much and I'm feeling like a fraud	In some ways I am and in other ways I'm not	I make an effort to practice what I preach 100% of the time
<b>HEART CHAKRA</b> Promotion	Launch/Promotion Strategy	I have no idea where to start	I have the plan, it's the execution that is the problem.	I have the plan, and every time I follow it I learn something new for next time
<b>THROAT CHAKRA</b> Communication	Message Clarity	STUCK!! I find this really hard	I'm getting there, but could do some refining	I'm super happy & clear with my message & it's understood



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<b>BROW CHAKRA</b> Leadership	<b>Leadership / Decision Making</b>	I find it really hard to make business decisions	I look to others for approval & for guidance for what's next	I embrace asking opinions from experts & then decide if it will work for me
<b>CROWN CHAKRA</b> Vision	<b>Vision</b>	I get a bit lost & find it hard to see what I want to create	I see the vision... but it feels like a world away	I love my vision & it's becoming real in front of my eyes

### So how did you go?...

Any of the Business Chakras where you you predominately answered:

- Needs Reviewing
- Needs Tweaking

these are the areas you need to work on first.

## Are you ready to dive even further into your Business Chakras?

Break through procrastination, doubting your marketing & create a solid structure for your Business to thrive and grow.  
 Purchase my Business Chakra Workbook

[www.seedtosoul.com.au/business-chakra-workbook](http://www.seedtosoul.com.au/business-chakra-workbook)

